

Welcome to



This week is...

Children's Mental Health Week

The theme is:

Find Your Brave



#ChildrensMentalHealthWeek
#mentalhealth



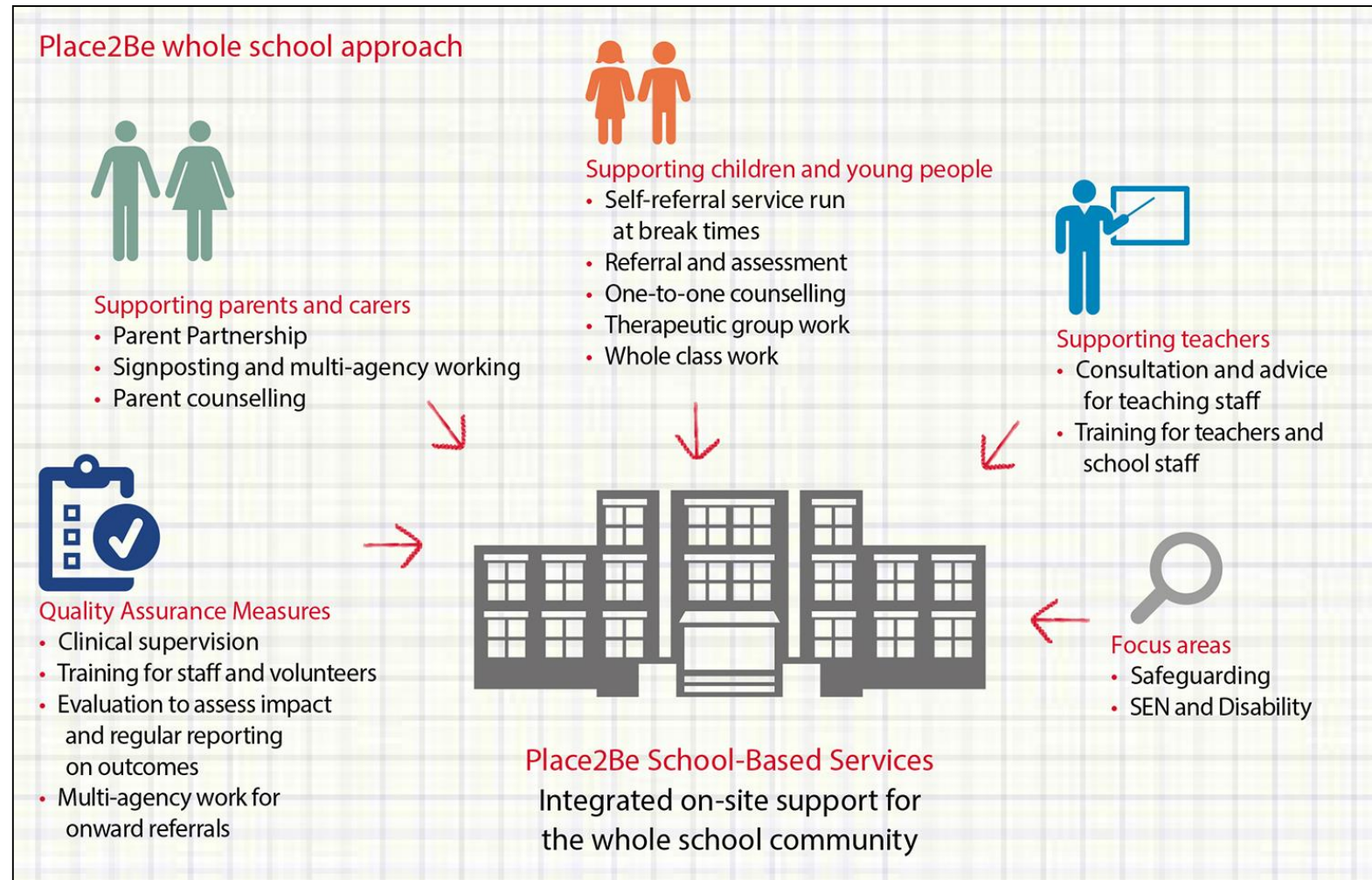
Children's Mental Health Week
3-9 February 2020



An overview of Place2Be

- Founded in 1994
- 25+ years' experience delivering school-based counselling services
- in about 300 schools in England, Wales and Scotland
- Services available to 142,000 children
- Place2Be promotes children's mental health and early intervention
- Multi award-winning charity
- Royal patronage of HRH The Duchess of Cambridge bringing increased visibility and accessibility to children's mental health

What we offer: our integrated support at Bow School



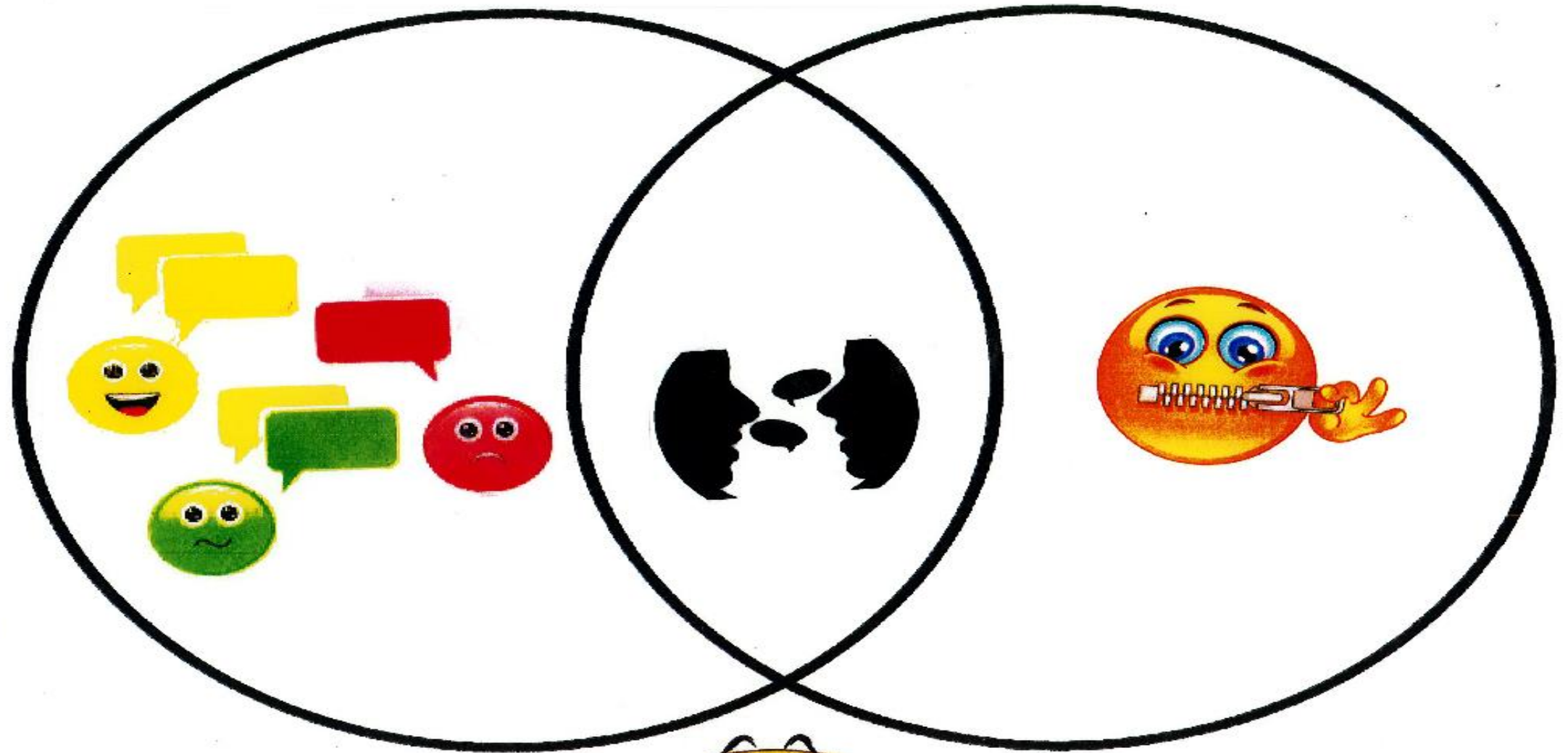
Why we offer our services - a few statistics...

- 1 in 8 children have a diagnosable mental health disorder – roughly 3 children in every classroom
- Half of all mental health problems manifest by the age of 14
- Nearly half of 17 - 19-year-olds with a diagnosable mental health disorder has self-harmed or attempted suicide at some point, rising to 52.7% for young women
- In 2017, suicide was the most common cause of death for both boys (16.2% of all deaths) and girls (13.3%) aged between 5 and 19

How we offer our services - it's somewhere students can come when they want to talk through stuff...



Confidentiality

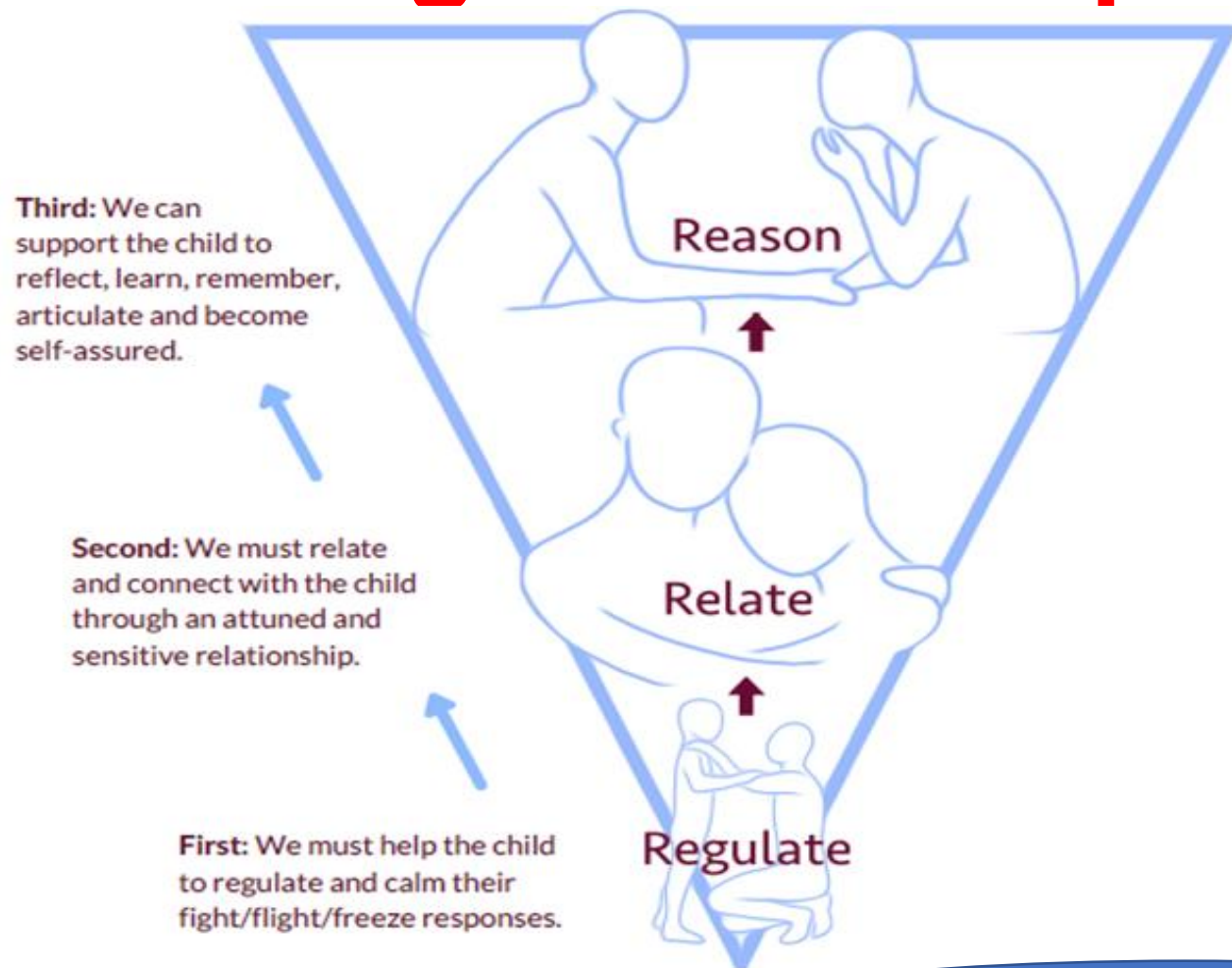


Building relationships

Think about the student's experience

What is their behaviour telling us?

Building relationships



P – A – C – E

Playfulness
Acceptance
Curiosity
Empathy

Avoid power battles, threats, shaming...

Thank you from



School Project Manager – Fiona Walkingshaw